



TROOP COLLECTION TUNDRAS List

Here's a helpful list of acceptable and unacceptable items to send to the troops. Bring a bag of items and receive a free T-shirt!

This Information is compiled from various supportive organizations. Our goal is to have a full directory that is easy to navigate of these organizations. Their mission is to connect supportive citizens with deployed soldiers, help with care packages and more. They have been very supportive of SaluteUS.org, and we are very appreciative.

SOLDIERS' CURRENT MOST WANTED ITEMS:

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|-------------|----------------------|-------------------------|
| EYE DROPS | RAZORS (MEN & WOMEN) | BABY WIPES (UNSCENTED) |
| GUM | FLAVOR - ICE POPS | KOOL- AID |
| BABY POWDER | WATER GUNS!!!! | AIR FRESHENERS FEBREEZE |
| FLY STRIPS | SOAP | AT&T Phone Cards |
| BUG SPRAY | FLEA COLLARS | LOTION |
| GAMES | SHAMPOO | DISPOSABLE CAMERAS |

ANY KIND OF SNACKS, especially CHIPS, BEEF STICKS, BEEF JERKY, SLIM JIMS and PRINGLES (because of the crush proof cans)

Marines are in need of GREEN T-shirts. The PX only has brown.
Coleman makes a sock liner that can be worn under socks to help between laundry day

K-9 items: Don't forget our service dogs!! They are soldiers, too!
Dog treats, safe toys (kongs, tough chew bones, tennis balls), shampoo, flea collars, large dog beds.

CARDS & LETTERS: The troops love to hear from all of us and Mail brightens their days!
These are the **MOST IMPORTANT** items we can send the troops & we can never have too many, so please keep writing! Consider making a patriotic banner or poster to send inside one of our care packages!

FOOD!!!! Let's keep them strong!
Ketchup ... (all they have is tomato paste!)
Single serve cans of potted meats (SPAM, etc.)
Single serve cans of beans (baked, pork n')
Packaged store-bought cookies (yes, the preservatives help them last longer)
Canned seafood, cereal (healthy and sweetened)
Instant packages of oatmeal

Flavored coffee
 Powder Chai tea mix
 Fruit snacks
 Crackers
 Spices (such as curry, ginger, garlic powder, onion powder, and cumin).
ALWAYS NEEDED! Ziploc sandwich bags, disposable bowls, plates, and plastic ware.

PERSONAL ITEMS

*(please note, clothing items should be plain, **no markings or logos!**)*

Socks & Shoes (dress and tennis)	Blankets	Flat single sheets	Shirts	Dresses (no short skirts)	Jackets	Book bags/backpacks	Suits	Undershirts	Baby clothes	Baby bottles (plastic) no disposable bottles	Winter wear: Coats, Fleece, Boots, Mittens, Gloves	Sleeping bags	Towels	Baseball caps	Sweat shirts and sweat pants	Pants (for males or very young girls only)	Underwear	Sweaters	Raincoats	Dry baby formula
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No short pants or cut-offs. Please Do Not Gift-wrap item(s), due to the critters and climate. [Decorated tins/plastic boxes with sealable lids are much preferred!] Remember to leave one side or top of gift open and/or untapped, as the postal workers need to see and verify what is in the tins or gifts! This is not to be mean but for everyone's safety and it's the law!

MORE FOOD!!!

- COFFEE (Ground or whole; instant or drip. Ground is preferred)
- POWDER DRINK MIX (Gatorade, Kool-Aid, Crystal Light)
- SUNFLOWER SEEDS & PUMPKIN SEEDS
- TUNA & CHICKEN SALAD (in foil pouches, or ready-to-eat kits (no cans))
- PROTEIN POWDER & PROTEIN BARS
- Hot Chocolate packets, Herbal teas
- Hard Pretzels / Cheetos / Fritos / Chex Mix / Wheat Thins / Ritz
- Gum / Hard Candy (must be individually wrapped in large bags)
- Granola Bars / Power Bars / Cereal Bars / Cliff Bars
- Fig Newtons, Oreos, Cheese & Crackers - Small Packs
- Trail Mix, Dried Fruit, Granola, Fruit Roll-Ups / Fruit By The Foot / Fruit Gummies
- DRY SOUP: (Ramen Noodles / Cup-O-Soup: just add water)
- NUTS: Peanuts, Mixed Nuts (salted preferred)
- MICROWAVE FOOD (Popcorn, Chef-Boy-R-Dee, Mac'n'Cheese...)
- COOKIES / Girl Scout Cookies (with chocolate: Oct. - Feb. only!)
- Rice Krispie Treats (Store-bought only)
- Little Debbie® & Hostess® cake products
- Oatmeal Packs (Instant: just add water)
- Cereal (Small, individual boxes)
- Condiments, Spices; Sugar; Salad Dressing (no glass jars)
- Caffeinated gum or candy (to stay alert)
- (Please place all cookies/ candies in a zip lock bag and place in a metal cookie tin or plastic shoebox size containers with lids taped down after postal clerk has inspected the items! This helps the soldier store his items AND keep the critters out! Some are still living in Tents!
- Homemade candy/cookies are the best But they spoil faster in the climate here, So Please send store bought items as they do last longer!
- Soldiers have asked everyone to Please Do Not Send Fruitcake!

TOILETRIES:

(Note: Some troops have allergies & need Brand Name toiletries which list all ingredients, so not all can benefit from hotel samples that do not have ingredients listed. The military issues toiletries to our troops, however troops often miss their favorite brand of shampoo or soap. Our goal is to send troops reminders of home & items they miss ... not free samples. We recommend Head&Shoulders or other scalp care that they are familiar with, but not a scent that would cause bug problems, of course!)

BABY WIPES (travel size) HAND SANITIZER (travel size) Body Wash, Liquid Soap, Facial
Cleanser/Shampoo /Conditioner (travel size)
Hair Gel (for female troops to pull hair back)
Combs / Brushes / Bobby Pins (in original packaging, please)
Deodorant (travel size)
Razors (disposable or "Intuition" or "Mach 3" types)
Shaving Cream in Tubes / Shaving Soap (**No CANS of Shaving Cream, please!**)
Lip balm / Chap Stick / Carmex / Blistex
Baby Powder & Foot Powder (travel size)
Tissues (individual packs; travel size only)
Hand & Body Lotion / Moisturizer (travel size)
Sunblock, SPF 45, Zinc, Vitamin E, Aloe Vera Gel
Bug Spray / DEET / Skin-So-Soft
Mouthwash (travel size)
Toothpaste & Toothbrushes & Dental Floss
Breath Mints / Breath Strips
Lozenges / Cough Drops
Loufa Sponges / Buff Puffs / Washcloths
Nail files / Emery Boards / Nail Clippers
Feminine Hygiene Products
Cotton Swabs (i.e. Q-tips)
Cotton Balls
Band-aids, Gauze Pads, First Aid Kits / Ace bandages, Icy Hot or Bengay cream
Moleskin
Shoe Insole Cushions (gel kind is best)
Tylenol, Motrin, Advil or Aspirin Packets
Eye Drops (i.e. Visine)
Nasal Spray
Vitamins (multi-vitamins are always needed!)

ENTERTAINMENT AND SPORTS:

- **BATTERIES:** (AA, AAA, C & 9 Volt are the most requested)
- **DVD Movies (new or used - recent releases only, please!)**
- **Xbox Games, PSP, PS2 & PS3 Games** (new or used)
- iTunes® Gift Cards
- 35 mm disposable cameras
- Computer Flash Drives & Thumb Drives
- Portable CD players / head phones
- Electronic handheld games
- Small homemade gifts - **reminders & comforts of "home"**
- Small photographs or posters of scenery for their walls
- Pens & mechanical pencils, small notepads
- Stationery & Envelopes; blank cards to send home
- Double-sided tape, small crafts kits, scrapbooking items

- Day planners / Calendars / Small, Pocket Calendars
- Game Books: (Crossword Puzzles / Word Search Books / Math Puzzle books / MAD LIBS / Logic Problems / Sudoku)
- Yo-Yo's, Dominoes, Playing Cards (new), Poker Chips & Mats, Dice
- Board games (UNO, Othello, Checkers - travel size is great, too!)
- Nerf Footballs / Whiffle bats, balls & Mitts / Sports equipment
- Frisbees / Hackey sacks

OTHER:

- **LINENS:** Pillow cases, twin sheets, towels (green & tan)
- **T-SHIRTS:** Cotton green & tan under shirts - new (**Sizes: M, L & XL**)
[Note: The DOD banned "Under-Armor" shirts due to its material being potentially flammable & bad reactions to open wounds.]
- LAUNDRY DETERGENT & FABRIC SOFTENER SHEETS: ([Click HERE](#) for types)
- **FLASHLIGHTS - SMALL** (battery operated. Surefire Brand preferred)
- **AIR FRESHENERS** (standalone- not plug-ins. Car types are good too.)
- SOCKS: Black, Olive Green & White (cotton or wool)
- **PHONE CARDS - Pre-Paid** ([Click HERE](#) for Where to Buy and What Types of Phone Cards to Buy from Third-Party Vendors)
- Gift Cards to send home to loved ones (for Restaurants, Supermarkets)
- [Small toys](#) (Beanie babies) & [school supplies](#) for Iraqi & Afghan children
- Patriotic knick-knacks, USA flags, flags from your state, bandanas, baseball hats, football jerseys, banners.
- Generic sunglasses (Ballistic, black only. No "mirrored" types)
- Alarm Clocks (Small in size; wind-up or battery-operated)
- Black or Green duct tape, small tool kits, dust masks, carpentry tools, Fly swatters, fly paper, mosquito netting, bug repellent in [plastic pump bottles](#) only (**NO AEROSOL CANS, PLEASE!**)
- Small portable heaters & fans (110 voltage okay)
- Blankets
- Winter Hats (**Yes, it snows in the winter over there! Hand knitted hats are welcome!**)
- Water Bottles & Travel Mugs & Thermoses with Lids, (for Coffee, Tea & Soup)
- Coffee Makers & Filters (110 voltage okay)
- Coffee Bean Grinders - small (electric or battery-operated)
- Microwave Ovens (55 pounds max; 110 voltage okay)
- Hot Pots - Small
- Elixir & Water Purification Tablets
- Combat Application Tourniquets (black only)
- Religious booklets, small bibles, inspirational readings
- Holiday and Seasonal Decorations

Items PROHIBITED: GLASS BOTTLES or GLASS JARS, AEROSOL CANS or SPRAYS, EXPIRED FOOD, CANNED FOOD, LIGHTERS, MATCHES or LIGHTER FLUID, [HOTEL](#) SAMPLES, VHS TAPES or CASSETTE TAPES, CONTRABAND ITEMS (live plants, tobacco, knives, nudity, etc.) Please note, although the true taste of home for our Soldiers, HOME-BAKED FOOD is not accepted due to the lack of ingredient listings and lack of preservatives to last the trip and still be good.